

cafe irie

a little sample of our yummiest offerings

breakfasts

CORNISH breakfast

SCRAMBLED eggs & CORNISH BACON ON
two WARM Muffins

Traditional FULL ENGLISH

Two CORNISH eggs, two RASHERS of CORNISH
BACON, TOMATOES, MUSHROOMS, CORNISH
SPECIALITY SAUSAGE, HEINZ BAKED BEANS &
BLACK PUDDING. WITH PANCAKES OR TOAST
of your choice.

fruit platter

a STACKED plate of FRESH SEASONAL FRUIT
SERVED WITH PANCAKES, YOGHURT & HONEY

IRIE GRANOLA

LAYERS of TOASTED OATS, FLAX, LOCAL YO-
GHURT, HONEY AND RED CHERRY COMPOTE

LUNCH

GREEK

FETA, OLIVES, GREEN LEAVES, TOMATOES,
CUCUMBER, PEPPERS & OLIVE OIL V

vegan pesto, tomatoes

& MASHED avocado

DRIZZLED WITH BALSAMIC VINEGAR TO FINISH
V VG

home-made falafel

CHICK PEAS, GARLIC & HERB BALLS, DEEP
FRIED & SERVED WITH a SWEET CHILLI DIP
V VGJ

Jamaican JERK CHICKEN

PIECES of SUCCULENT CHICKEN BREAST
MARINATED AND PAN-FRIED IN a JERK
SAUCE. ITS HOT, HOT, HOT.

SNACKS

Soup of the day

a LARGE BOWL of ORGANIC SOUP & YOUR
CHOICE of HOMEMADE BREAD

NACHOS

PILED HIGH WITH MELTED CHEESE, HOME
MADE GUACAMOLE, SALSA & SOUR CREAM

homemade cake of the day

ASK OUR STAFF FOR DETAILS OF WHAT'S
COOKING, SERVED WITH CORNISH CLOTTED
CREAM, ICE CREAM OR YOGHURT

CORNISH CREAM tea

CLAIMED BY DEVONIANS TO HAVE BEEN
INVENTED BY THEM! PAH!!!!

TWO LARGE SCONES, CORNISH CLOTTED CREAM,
STRAWBERRY JAM AND FRESH STRAWBERRIES.
SERVED WITH TEA OR COFFEE

and to wash it down..

teas

LOVELY FRESH, LOOSE LEAF TEAS
BREWED THE OLD FASHIONED WAY

coffees

RAINFOREST ALLIANCE FAIR-TRADE
FULLY LOADED OR DE-CAF

OR HOW ABOUT ONE OF OUR SELECTION
OF FRESH FRUIT JUICES, SMOOTHIES OR
MILKSHAKES.

WE HAVE PLENTY MORE LIKE
THIS SO COME ON DOWN AND SEE
US.